

WINDERMERE ROWING CLUB: LEARN TO ROW COURSES

CONTACT INFORMATION FORM; to be completed by participants prior to first session.

Learn to Row (6) Course: Thursday 27th June 6.30 pm – 8.30 pm	
Course dates	Thursday 27 th June Thursday 4 th July Thursday 11 th July Thursday 18 th July Thursday 25 th July Thursday 1 st August
Full Name	
Email Address (this will be used for all communications)	
Landline phone number	
Mobile phone number	
Postal address	
Name and phone number(s) of person to contact in the event of an emergency	
Are you able to swim 50 metres with clothing and shoes on?	<p><u>Yes / No</u></p> <p>Please delete as appropriate.</p> <p>Inability to do this doesn't mean you can't take part, just that we need to know, and you will be asked to wear a life jacket when on the water.</p>
Do you have any medical condition(s) the instructors need to be aware of that may affect your ability to row? (i.e. asthma, epilepsy, heart condition, dizziness etc)	<p><u>Yes/No</u></p> <p>Please delete as appropriate.</p> <p>If 'yes', then please provide additional information - this will be kept confidential and shared with the relevant instructors only - for your safety and well-being.</p>