



Chairman: David Kidwell  
windermerercchairman@gmail.com

Secretary: Lesley Sharp  
windermererowingclub@gmail.com

Treasurer: Tamsin Kidwell  
windermererc treasurer@gmail.com

## SUBSCRIPTION NOTICE 2021/2022

Subscriptions are payable annually in full on 1st April each year as follows:

- Full members: £192 per annum
- Coxes/coaches: £96 per annum
- Young Person (18 – 25) members: £96 per annum
- Holiday membership: £72 (e.g. to allow students to row with us during holidays and be covered under the Club's insurance)
- Temporary membership: £15 per session

### 2021/2022 subscriptions are due by 1st April 2021

#### BACS Payment

To make an electronic payment through your bank please make the payments to the following account with your surname, initial and 'subs' in the reference. (e.g SMITHJ SUBS )

Account Name: Windermere Rowing Club

Sort Code: 20 45 28

Account number: 73105083

There is a fund available to provide financial assistance with membership fees in case of financial difficulties. Please get in touch with the secretary if required.

#### Membership Form

We do not need to hold any medical information but please answer the questions below and sign the 'Declaration of Personal Health / Swimming Proficiency' on the membership application form regarding your fitness to row. Please indicate on the form if you consent to your contact details being stored in the boat house for use in the event of an emergency.

#### Personal Health / Swimming Proficiency Questions

Please answer the following questions:

- |    |  |          |
|----|--|----------|
| 1) | Are you able to swim 100m in light clothing and shoes?                         | Yes / No |
| 2) | In case of a capsize are you able to get out of the boat safely?               | Yes / No |
| 3) | Have you been diagnosed with a heart condition or high blood pressure?         | Yes / No |
| 4) | Do you have Asthma / Epilepsy / Diabetes?                                      | Yes / No |
| 5) | Do you ever have chest pains or feel faint or dizzy?                           | Yes / No |
| 6) | Have you had any operations / injuries that may limit your ability to row?     | Yes / No |
| 7) | Are you currently on medication?   | Yes / No |
| 8) | Are there any other factors / conditions that might limit your ability to row? | Yes / No |

**If you have answered YES to any of questions 3-8 above we advise you to contact your doctor and seek medical approval before beginning to row**



Chairman: David Kidwell  
windermerercchairman@gmail.com

Secretary: Lesley Sharp  
windermererowingclub@gmail.com

Treasurer: Tamsin Kidwell  
windermererc treasurer@gmail.com

## Facebook

Club notices and member posts are shared using Facebook. If you are a FB user please request to join the WRC page. If you don't use Facebook and would prefer to receive all club information via email, just let me know.

## Boat Fund

To make rowing as accessible as possible and to encourage new members to join WRC, the Committee has set the annual adult membership subscription at a very reasonable £192. This is sufficient only to support the day-to-day operations of the Club at their current level.

During the past year, we have been able to continue to expand our fleet of boats through grants and searching the internet for second hand boats. However, grants are becoming harder to find and second hand boats need much more maintenance.

To enable the club to expand, purchase new equipment and develop our facilities, we need to build up our funds through accessing grants where these are available, seeking sponsorship from local businesses and organisations and from individual donations. The Committee has set up a Boat Fund for voluntary donations by members, sponsorship and other donations. If you are making a contribution to the Boat Fund, please note this on your membership form.

Look forward to seeing you on the water soon

Yours sincerely,

Cathy Atkinson

Membership Secretary

Please complete the attached form and return it by post or email to:

**Cathy Atkinson. Windermere Rowing Club**

**11 Orchard Rd, Bardsea, Ulverston LA12 9QN**

<mailto:windermerercmembership@gmail.com>



Chairman: David Kidwell  
windermerercchairman@gmail.com

Secretary: Lesley Sharp  
windermererowingclub@gmail.com

Treasurer: Tamsin Kidwell  
windermererc treasurer@gmail.com

# Membership Form

First name:..... Surname: .....  
Address:.....  
Postcode ..... Age .....  
Tel: ..... Mobile: ..... Email: .....  
Membership category: Full / Young Person / Holiday / Cox/Coach  
Previous Club / Sport (if any).....  
British Rowing Status / Points (if applicable)..... BR Reg No .....  
Emergency Contact Name..... Tel No.....

## Data Protection Notice 2018

Windermere Rowing Club is committed to protecting the privacy and security of your personal information in accordance with the General Data Protection Regulation 2018 (GDPR)

I agree that my contact details may be stored within the boat house for use in the event of an emergency.

**YES/NO**

## Declaration of Personal Health / Swimming Proficiency

Applicants **WILL NOT** be accepted without this declaration being signed by the applicant.

I have completed the Personal Health / Swimming Proficiency questions and declare that I meet the swimming requirement and have no need to seek medical approval to row / have been passed medically fit to row \*

**YES/NO** (\*delete as appropriate).

Rowing and the training associated with it can be strenuous and any activity on water can be potentially dangerous. I understand that rowing is undertaken at my own risk.

Note: For coxes, single and double scullers, a life jacket is recommended **YES/NO**

## Club Rules

I agree to abide by the club regulations for safety, for the use of equipment and for the use of club premises as published by the Committee from time to time.

I am aware of and agree to abide by WRC Codes of Conduct

-----

**Membership** £ .....

**Boat Fund (voluntary contribution)** £ .....

**I have set up a BACS transfer / Standing order / cheque for** £ .....



Chairman: David Kidwell  
windermerercchairman@gmail.com

Secretary: Lesley Sharp  
windermererowingclub@gmail.com

Treasurer: Tamsin Kidwell  
windermererc treasurer@gmail.com

**Applicant's Signature** .....

**Date** .....